

Ulnar Osteotomy Views

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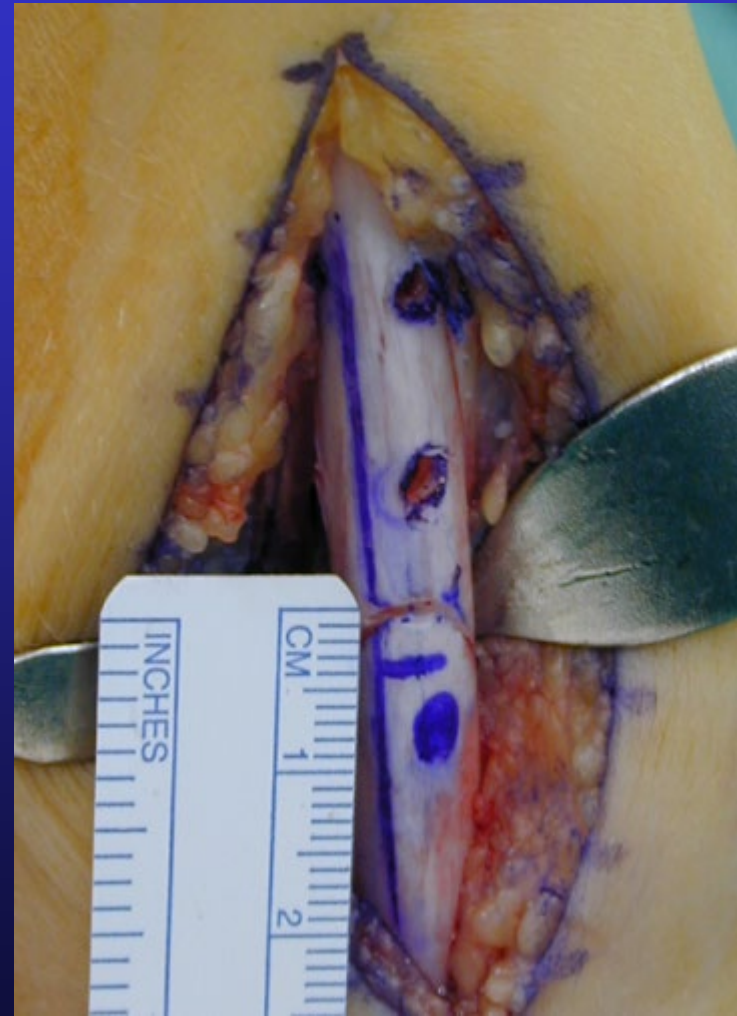
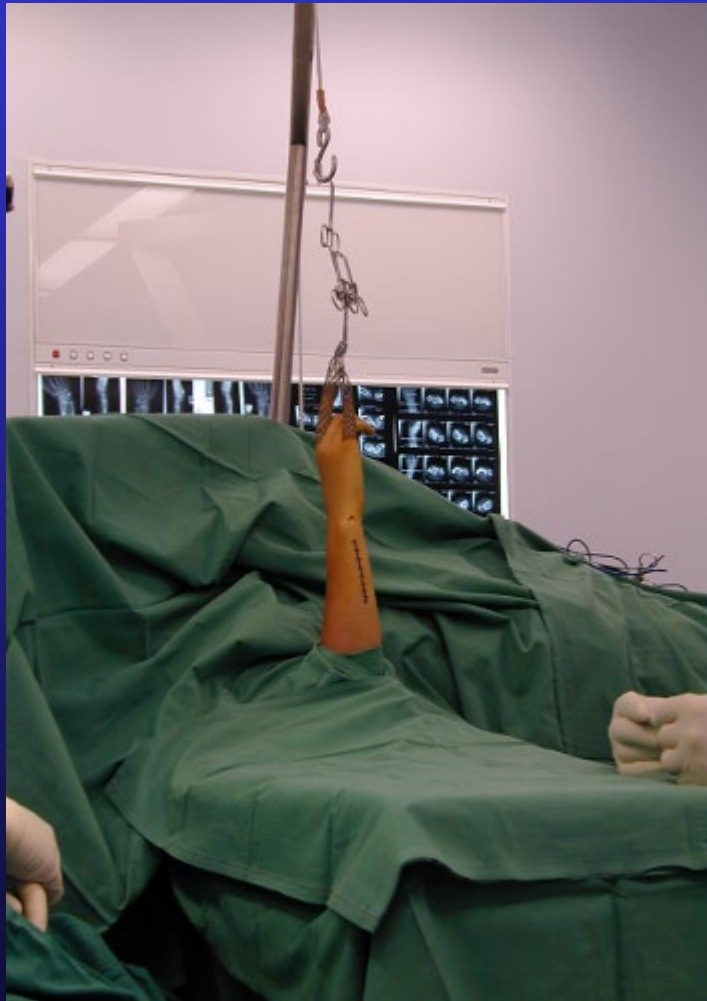


Reason for Xray?????

- 1. Alignment of the Osteotomy
- 2. Assess Osteotomy Union

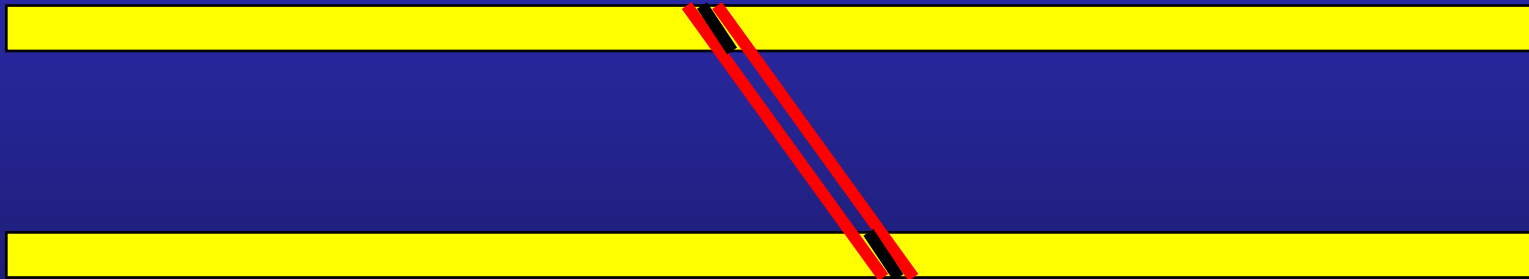
- The PROBLEM!!
 - The Radius gets in the way!
 - The Ulna doesn't move with normal forearm Xrays

“Ulna Osteotomy View”



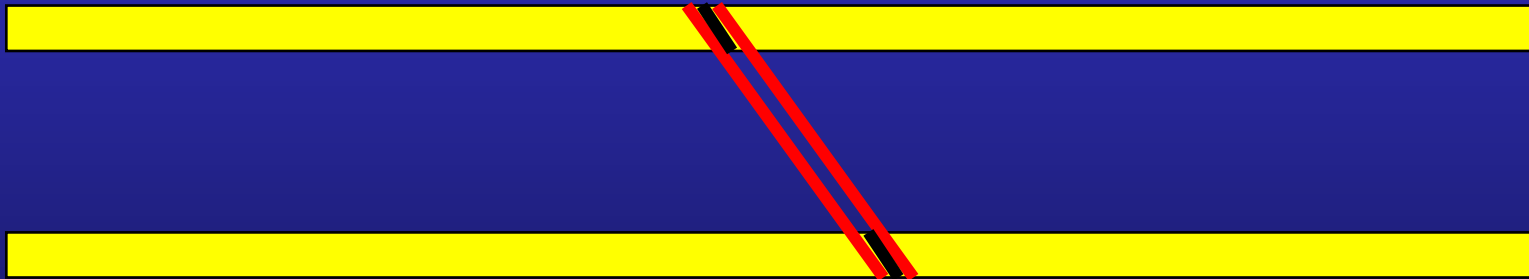
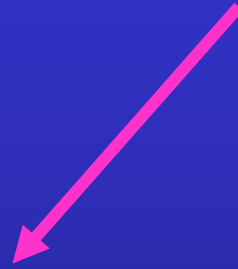


Xray Beam



“Fracture”

Xray Beam



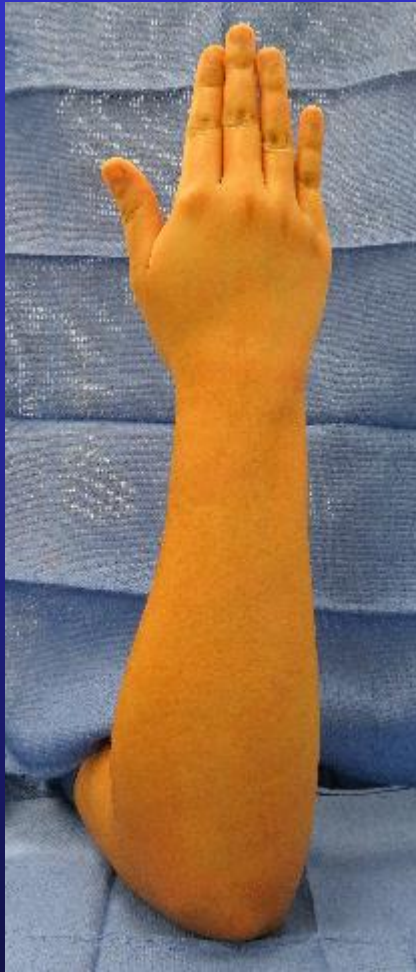
“No Fracture”

Xray Beam

Plate



What didn't change?



Supination

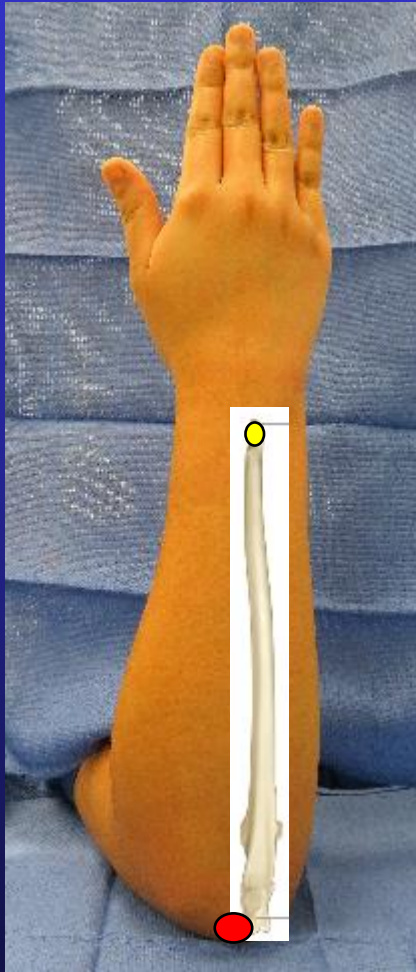


Neutral

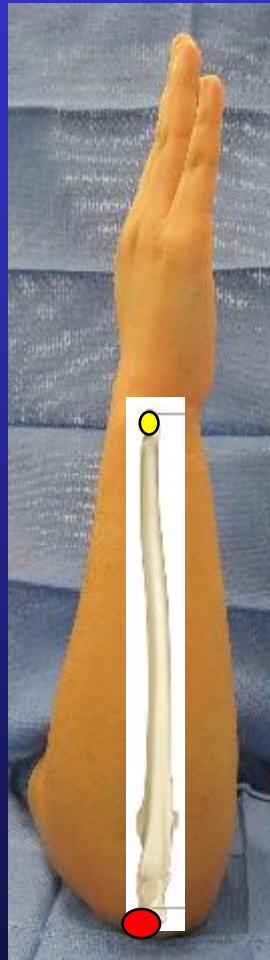


Pronation

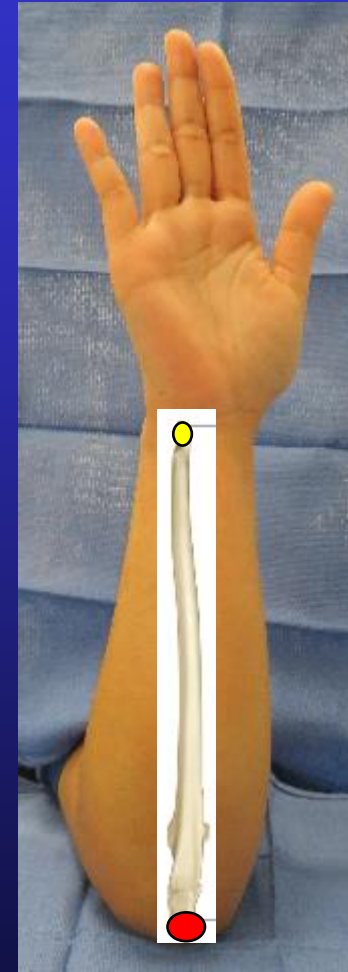
Ulna!!!!



Supination



Neutral



Pronation

“Ulnar Osteotomy Xray”

- Purpose of the Xray
 - Check Alignment
 - Assess post op Ulnar variance (x 1st post op visit)
 - Assess Osteotomy union
- Reflect on How the following Xrays taken
- What is the Problem??

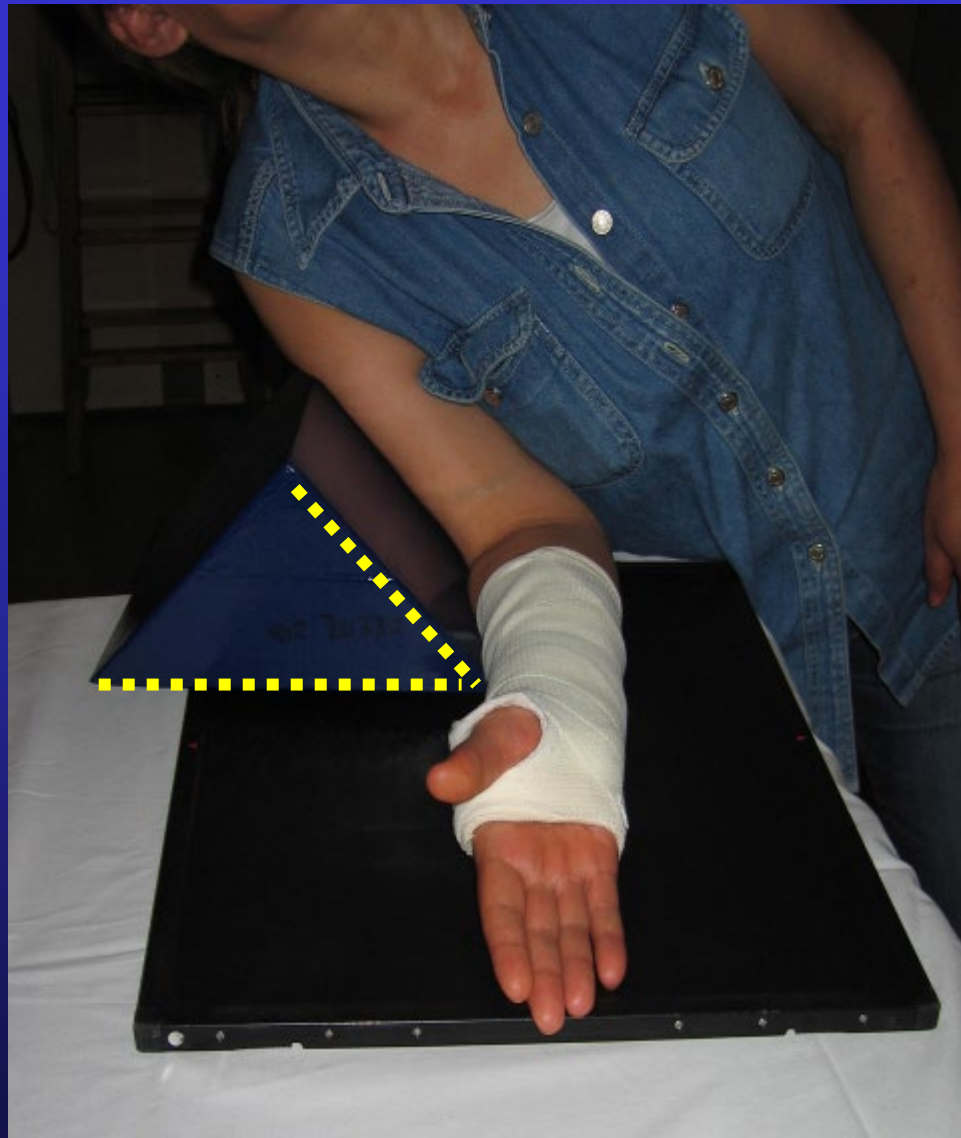












R



View??



What Next??

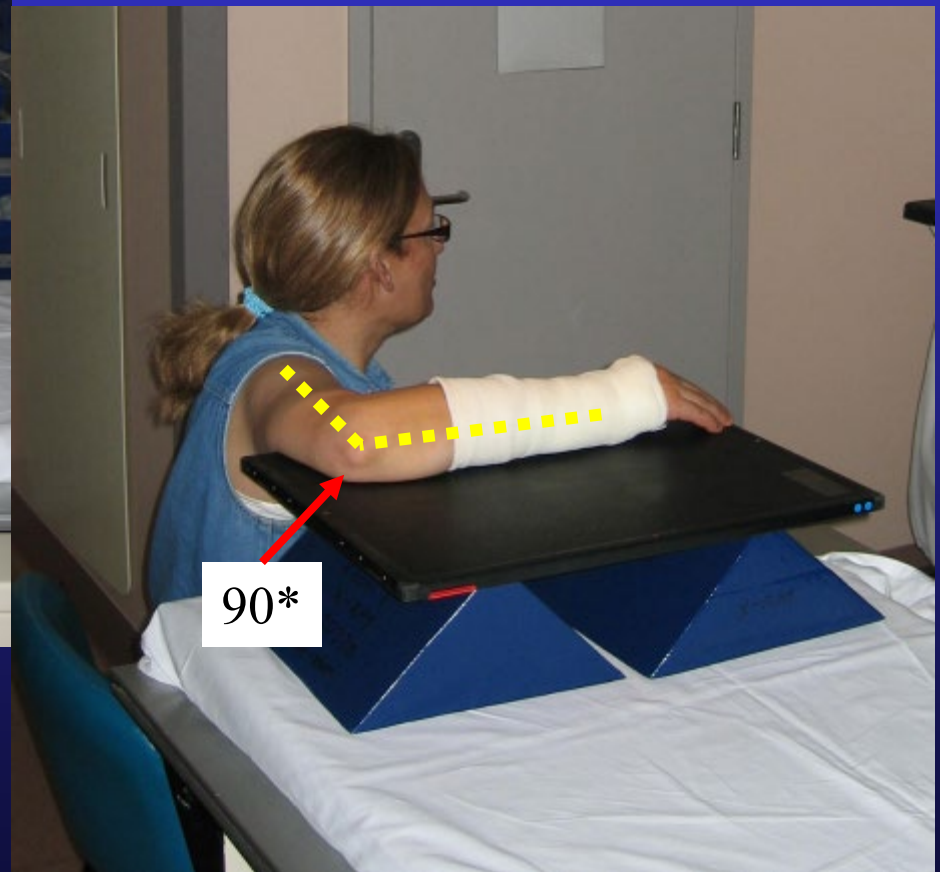
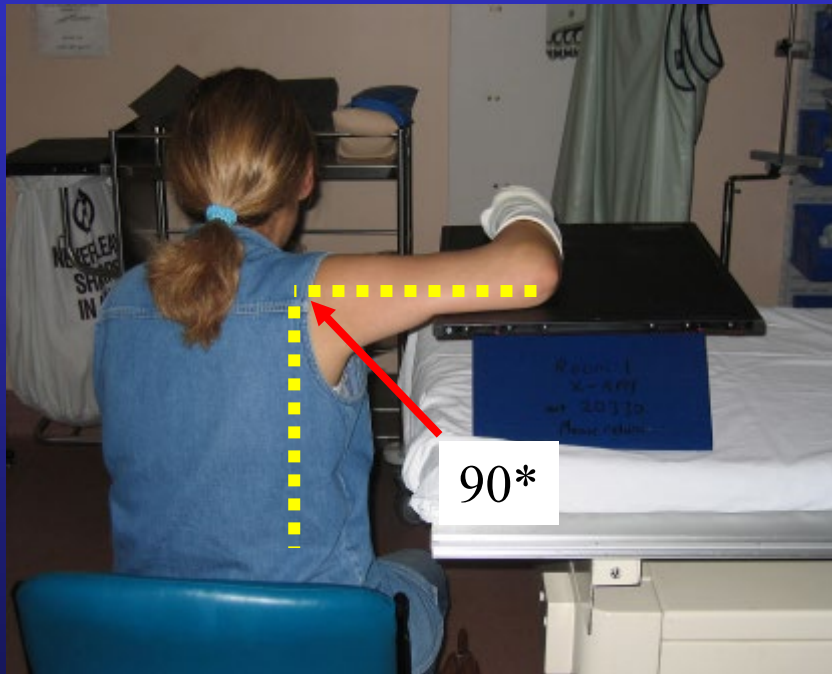
 View??

What Next??

 View??

- Remind the patient how the Xray was taken!!

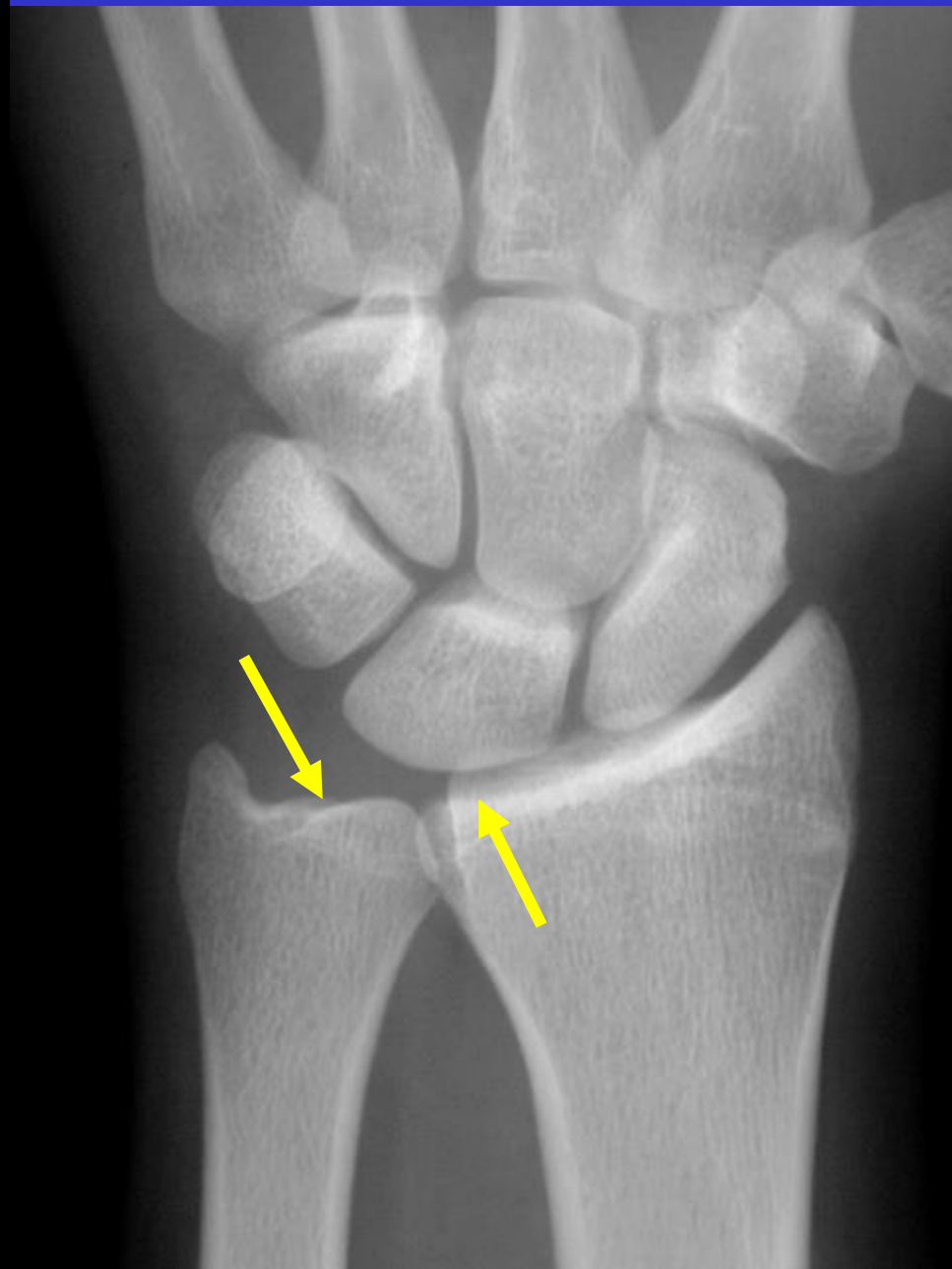
90 : 90 Position



How to measure ulnar Variance



- - if Radius longer than ulnar this is called **Ulnar Minus** (ie “2mm Ulnar minus“)
- - if Ulnar longer than Radius this is called **Ulnar Plus**

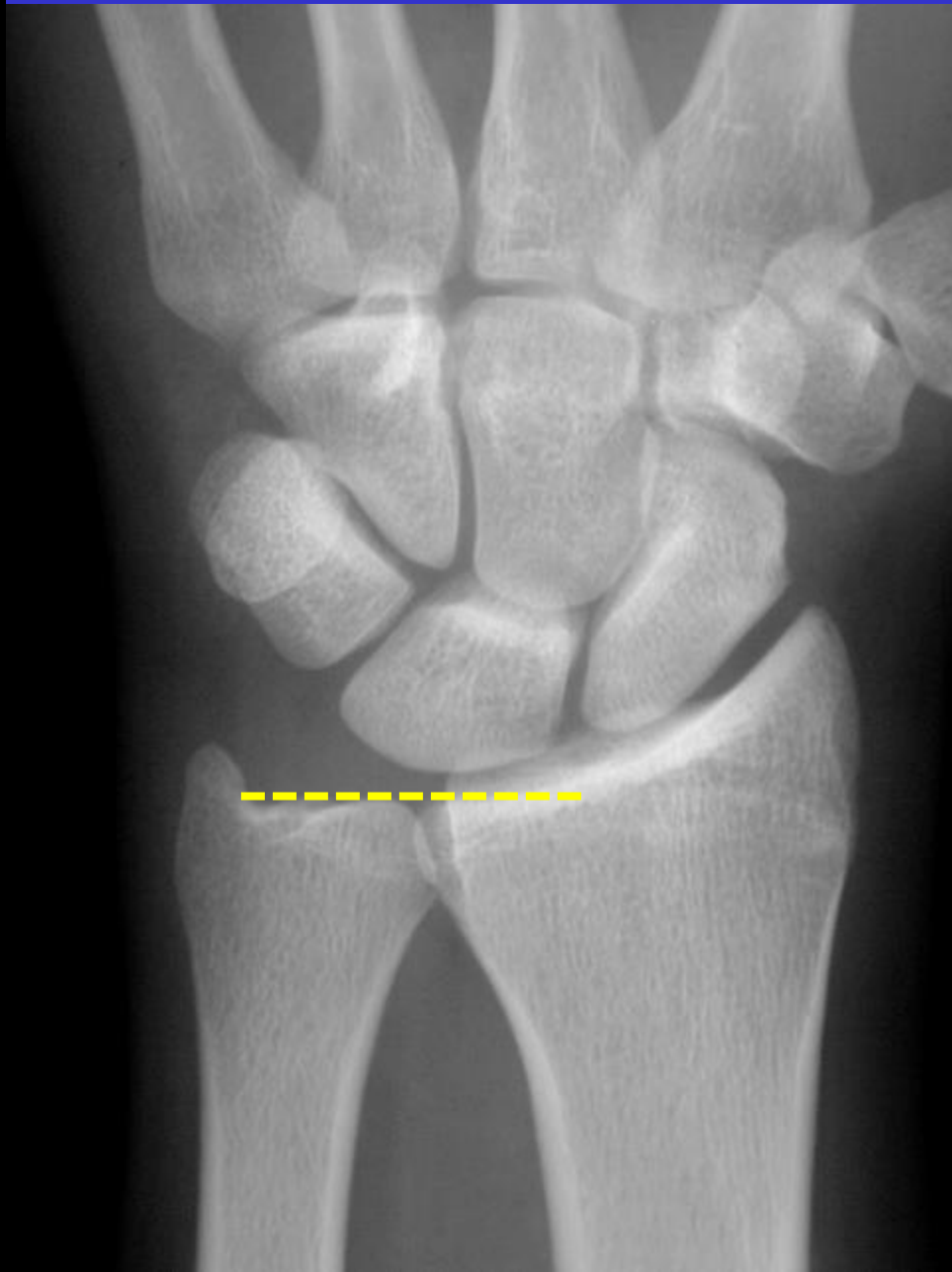


- Ulnar Variance

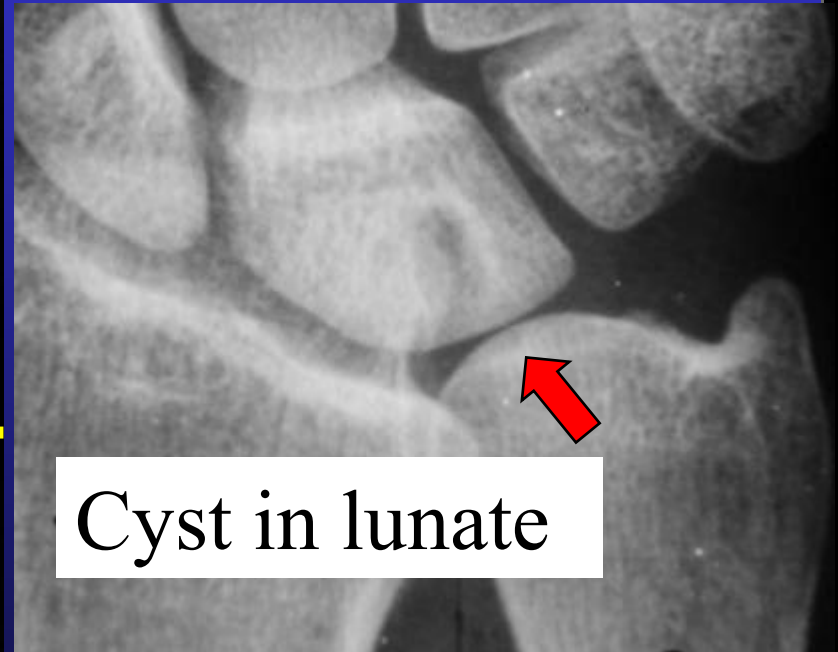
Ulna Variance

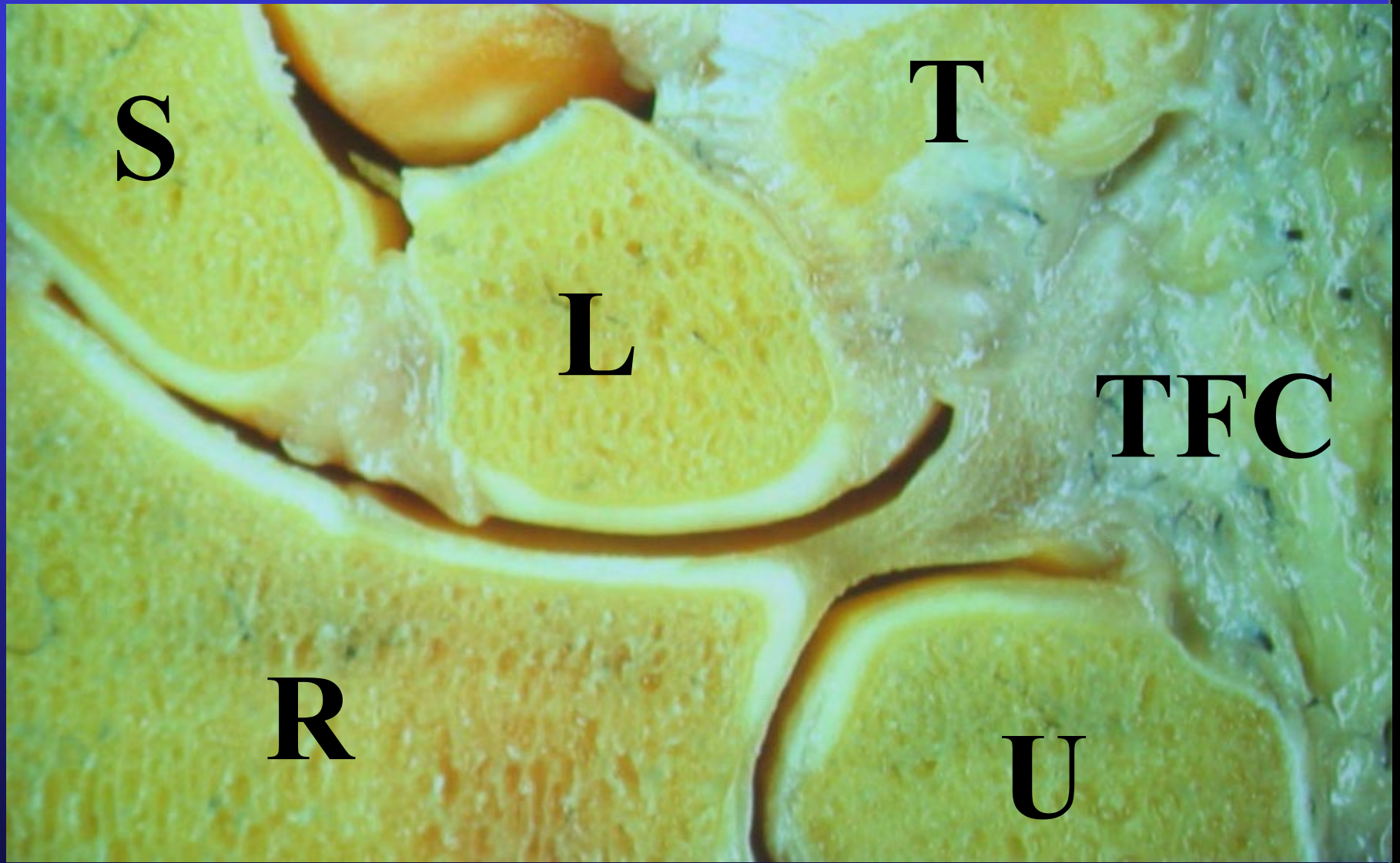
“Neutral”

60% population



Distal Ulnar Impaction





S

T

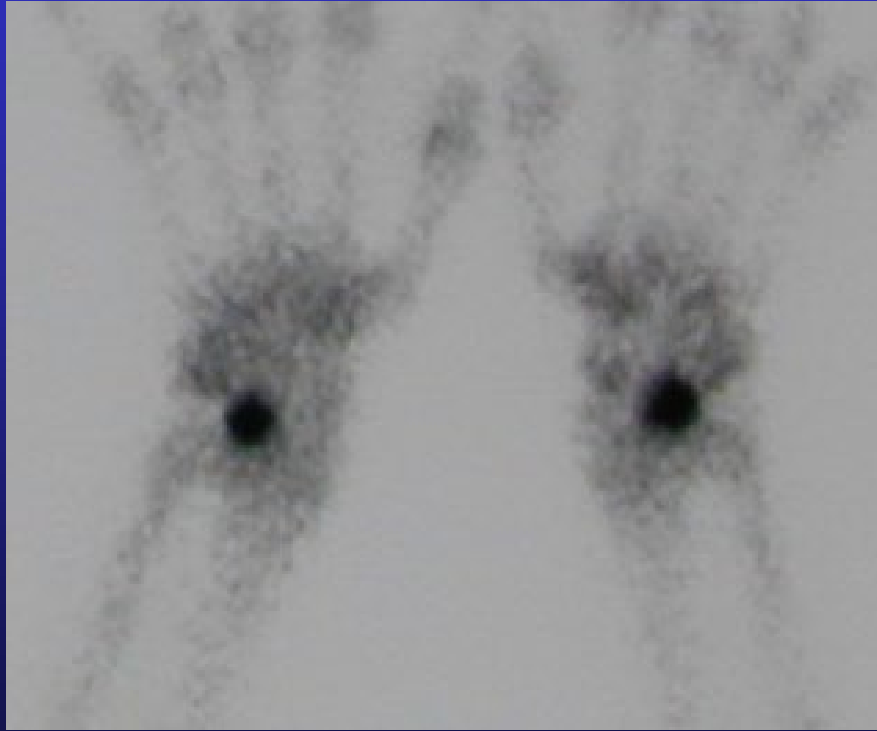
L

TFC

R

U

Distal Ulna impaction



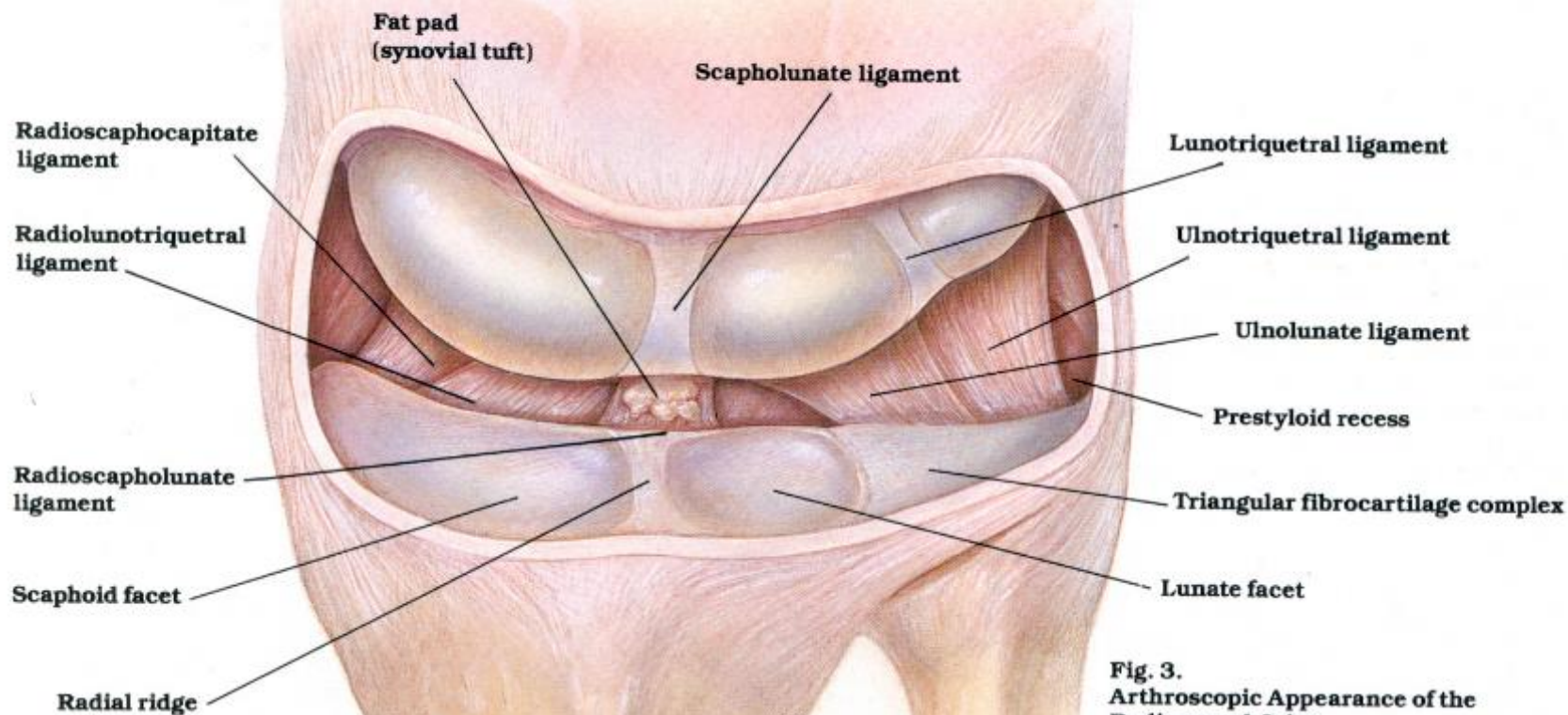


Fig. 3.
Arthroscopic Appearance of the Radiocarpal Joint
 The fat pad, sometimes referred to as the synovial tuft, over the radioscapholunate ligament (ligament of Testut), is usually the first structure seen through the 3-4 portal, and is a convenient landmark for orientation during arthroscopy. The scapholunate ligament is above, and the radial ridge, between the scaphoid and lunate facets of the radius, is below.

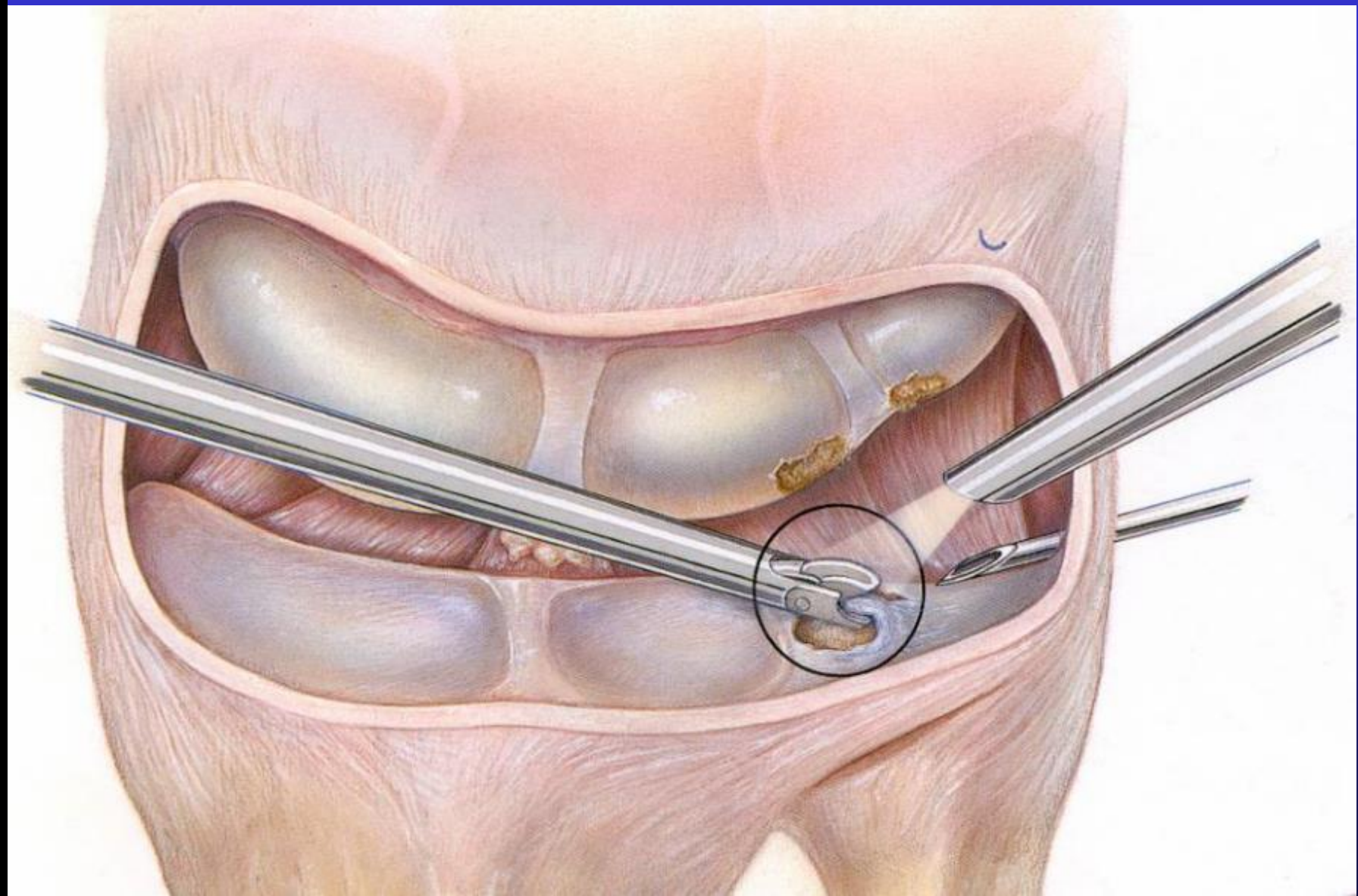
Wrist Arthroscopy



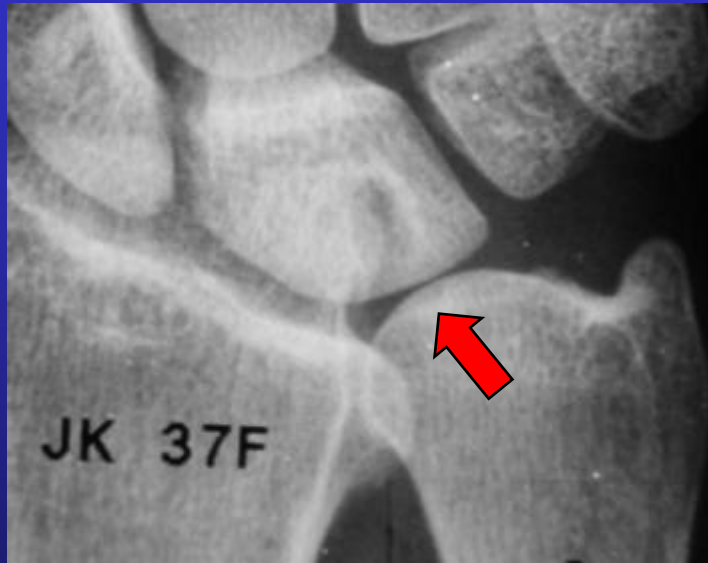
Normal joint surfaces



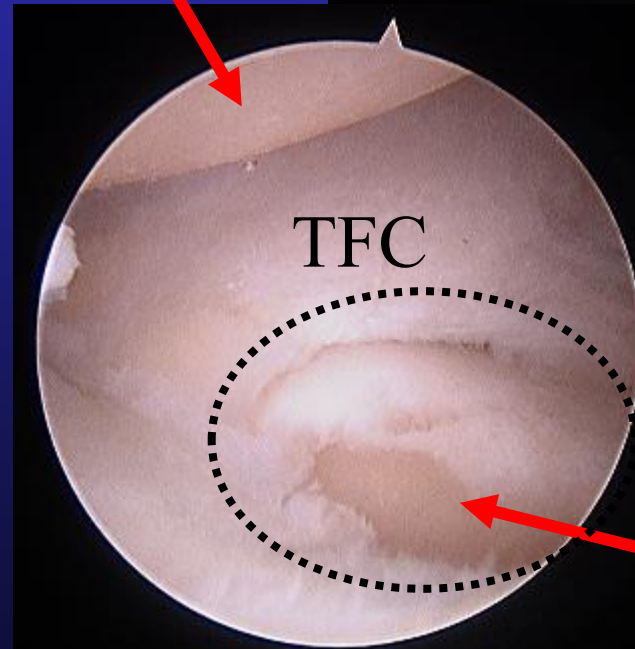
Full thickness cartilage defect



Distal Ulnar Impaction



Lunate



Ulna head

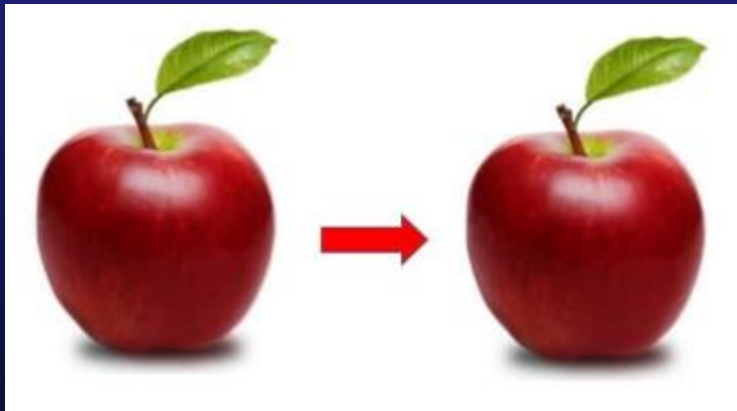
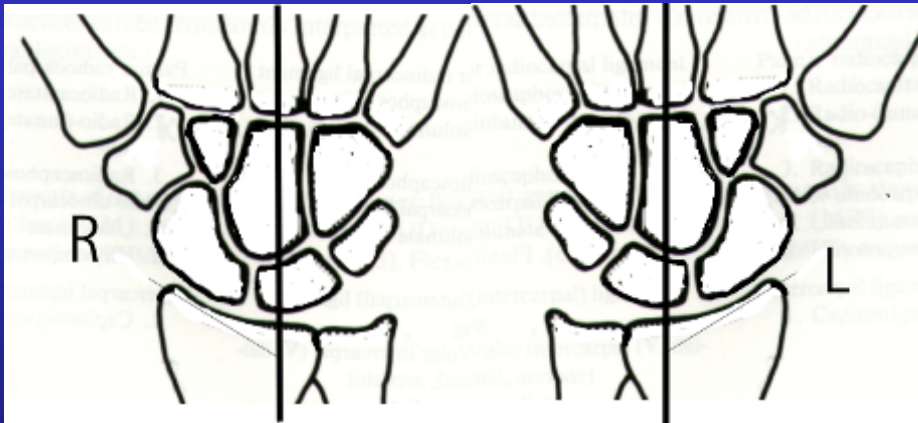
Same wrist!!



Same wrist!!



“90/90 Views”



- used to assess the relative lengths of the radius & Ulnar i.e. the “Ulnar Variance”
- Xray taken with:
 - Shoulder at 90*
 - elbow at 90*
 - forearm in neutral rotation

Force across wrist

