

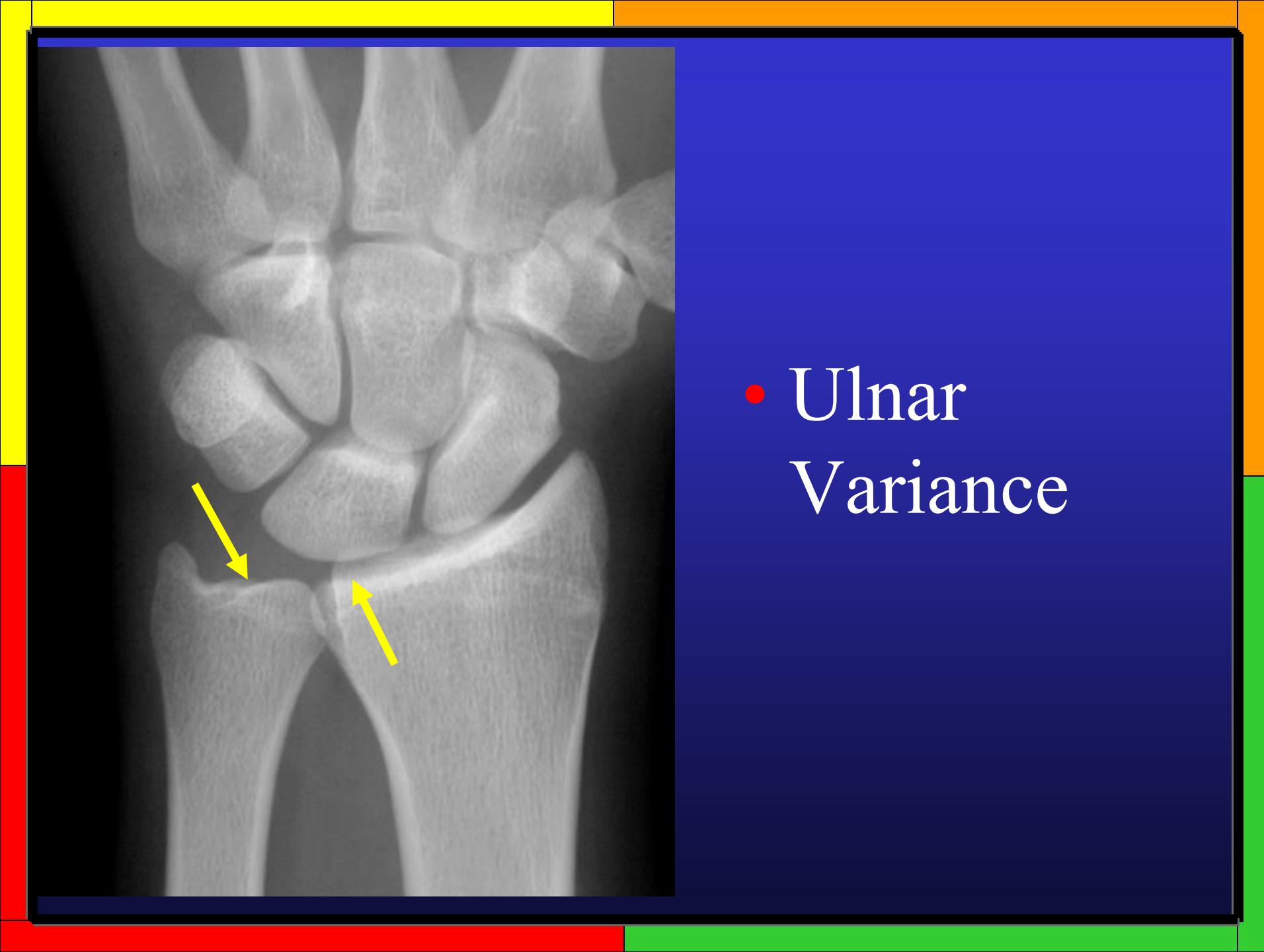
# Distal Radio-ulnar Joint

**Dr Stuart Myers**

Orthopaedic Hand Surgeon,  
Prince of Wales Hospital, Sydney  
Sydney Orthopaedic Specialists

[www.myhand.com.au](http://www.myhand.com.au)





- Ulnar Variance



# Ulna Variance

“Neutral”

60% population



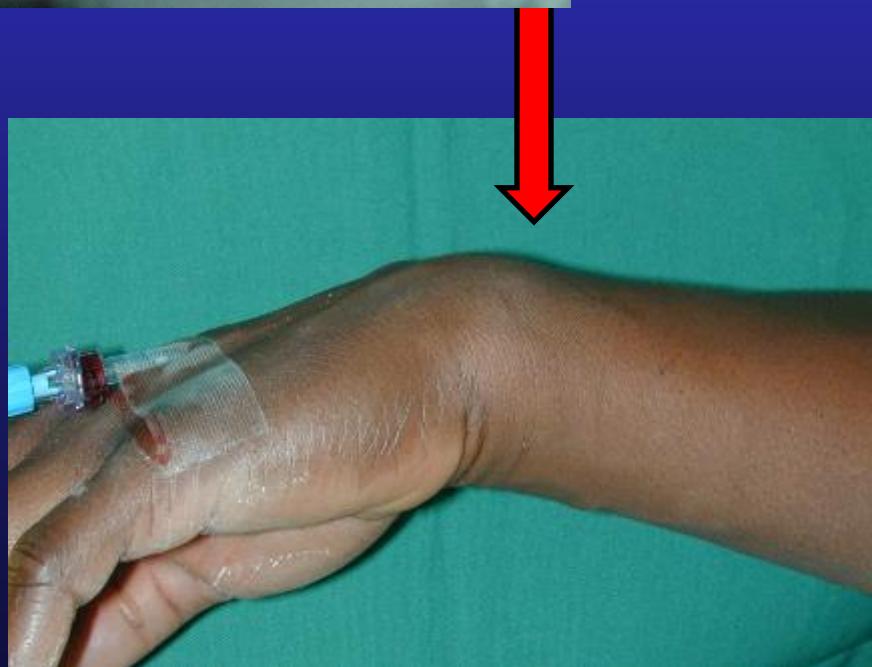
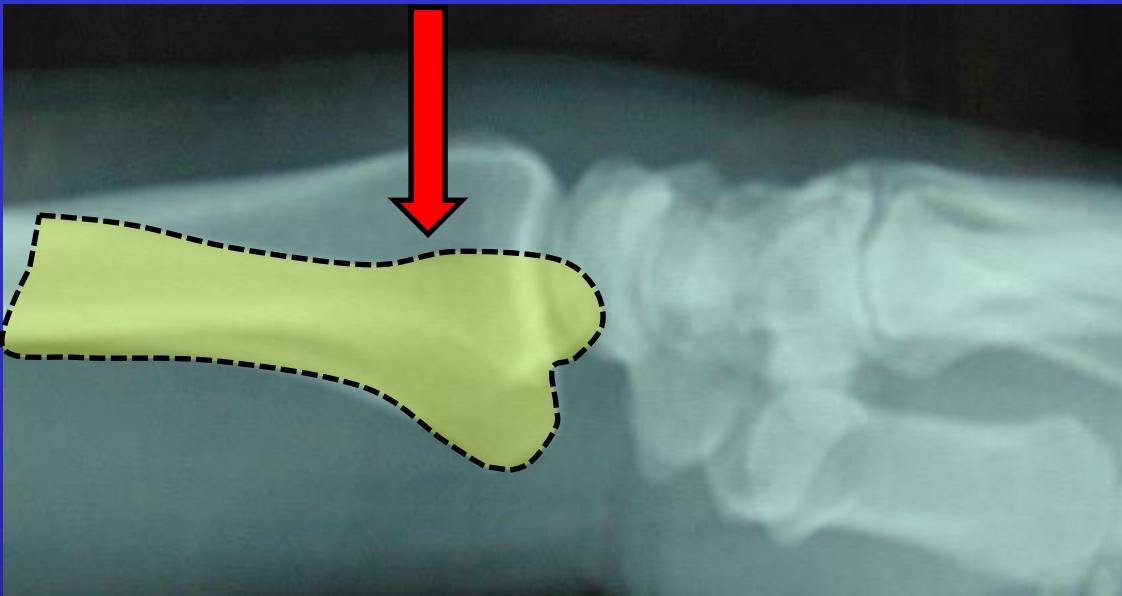
???





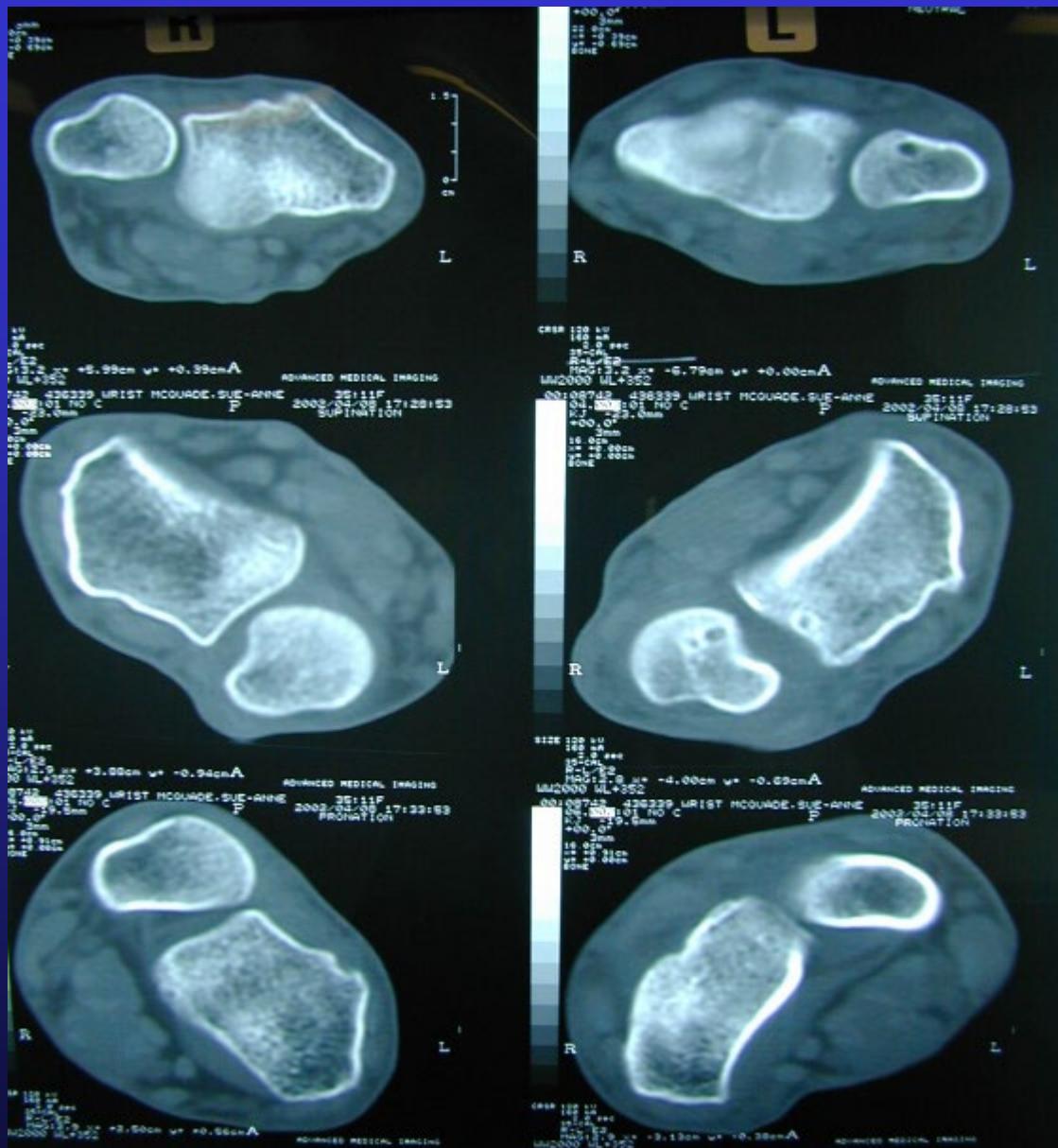
# Volar Dislocation DRUJ





# DRUJ Post reduction

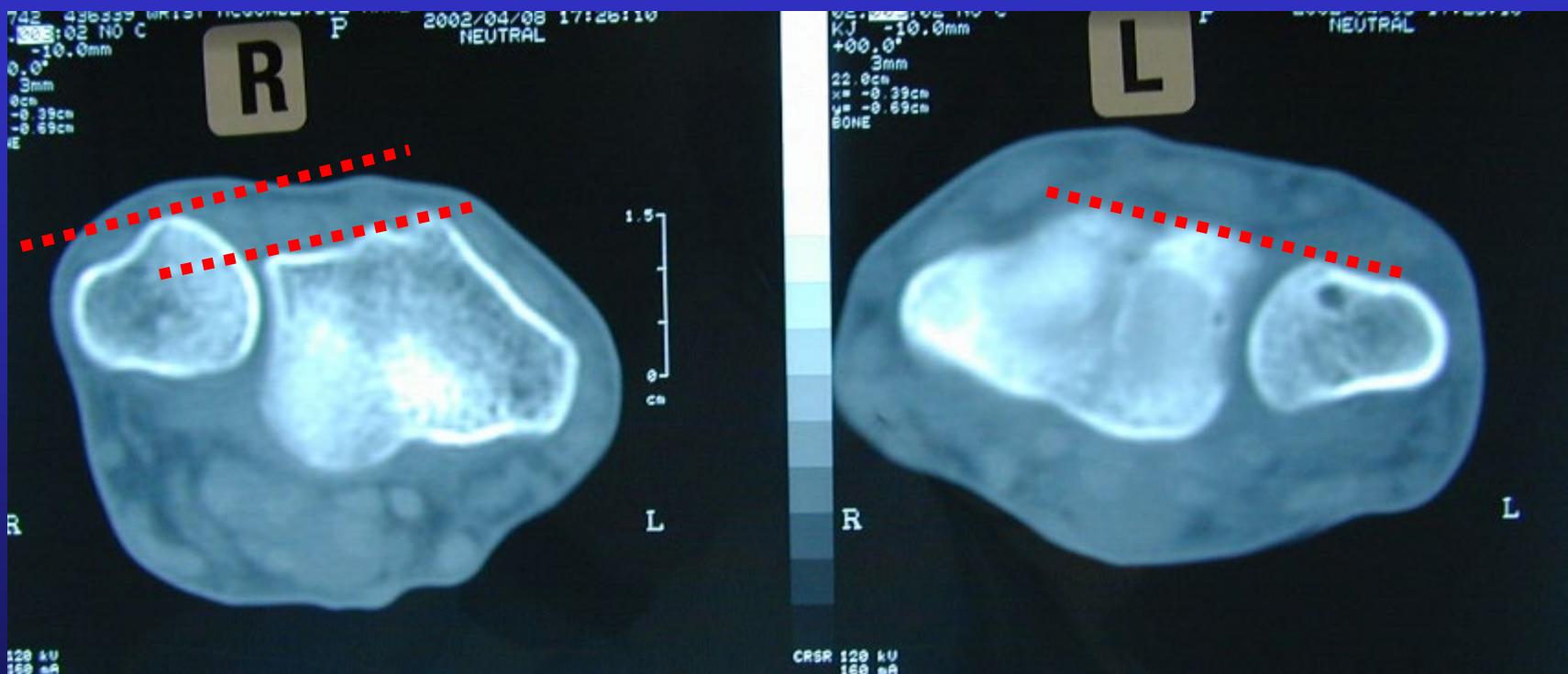




Neutral

Supination

Pronation

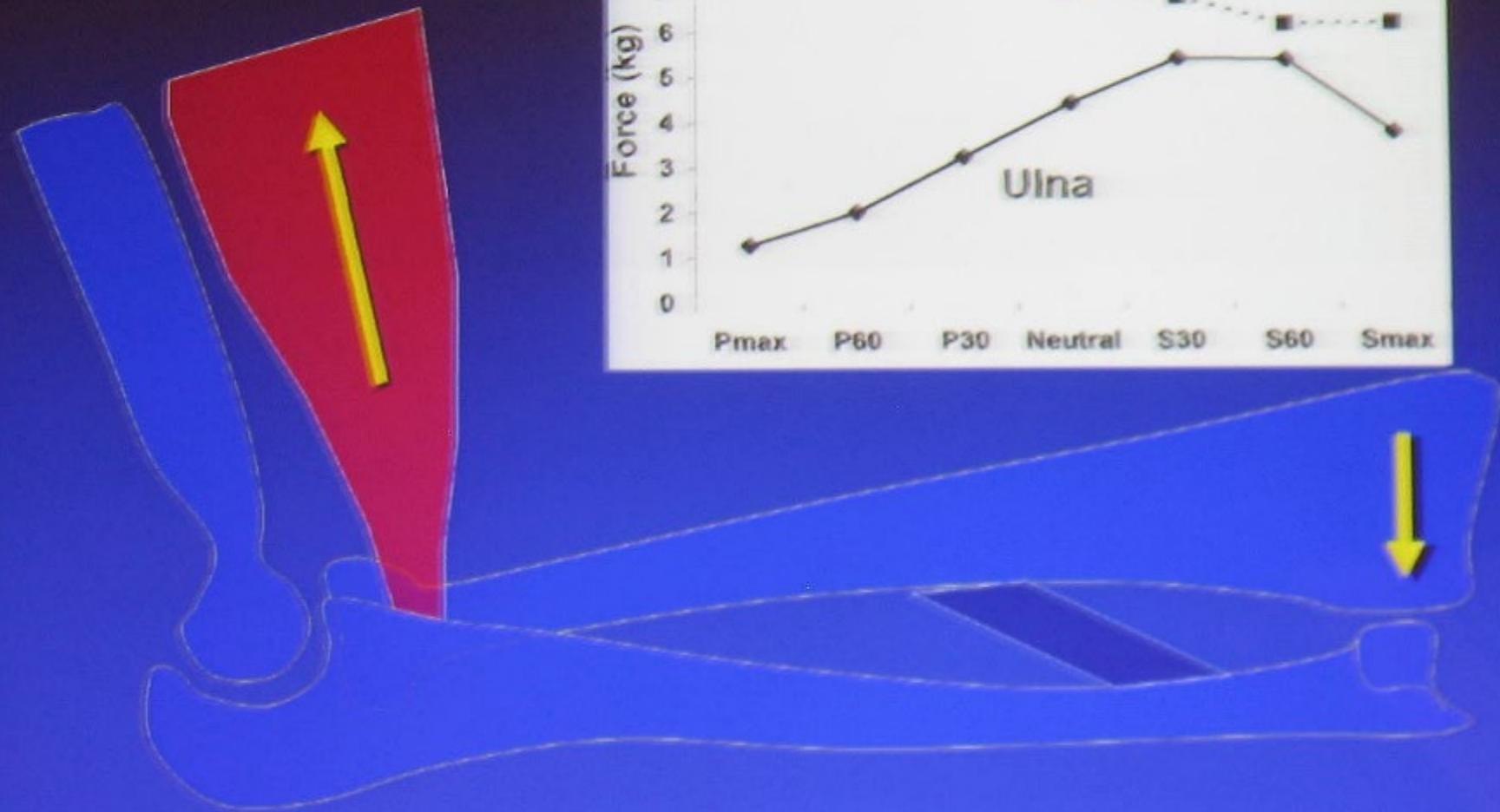
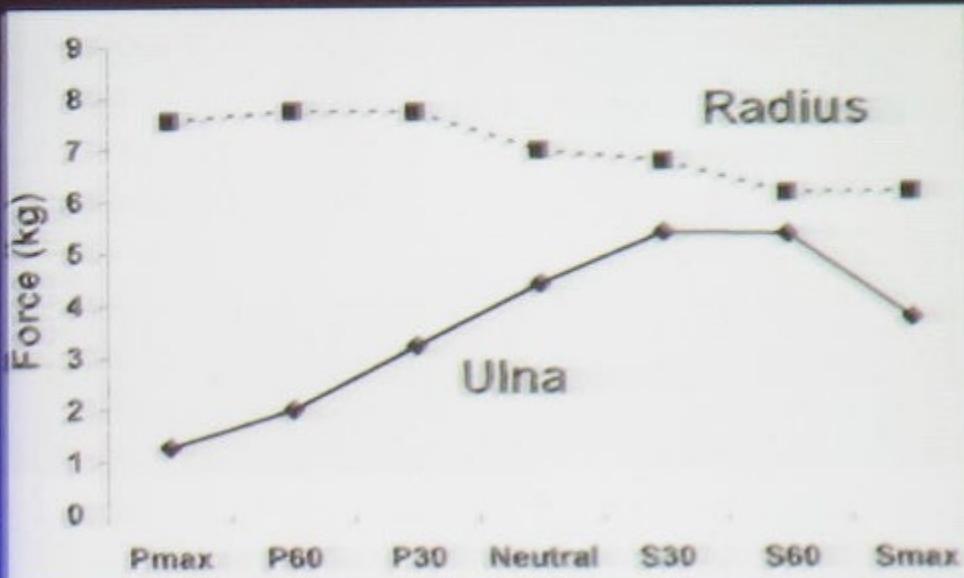


# DRUJ Weight Bearing JT

- When Carrying a weight in front of you







## Brachialis



- Weight Bearing



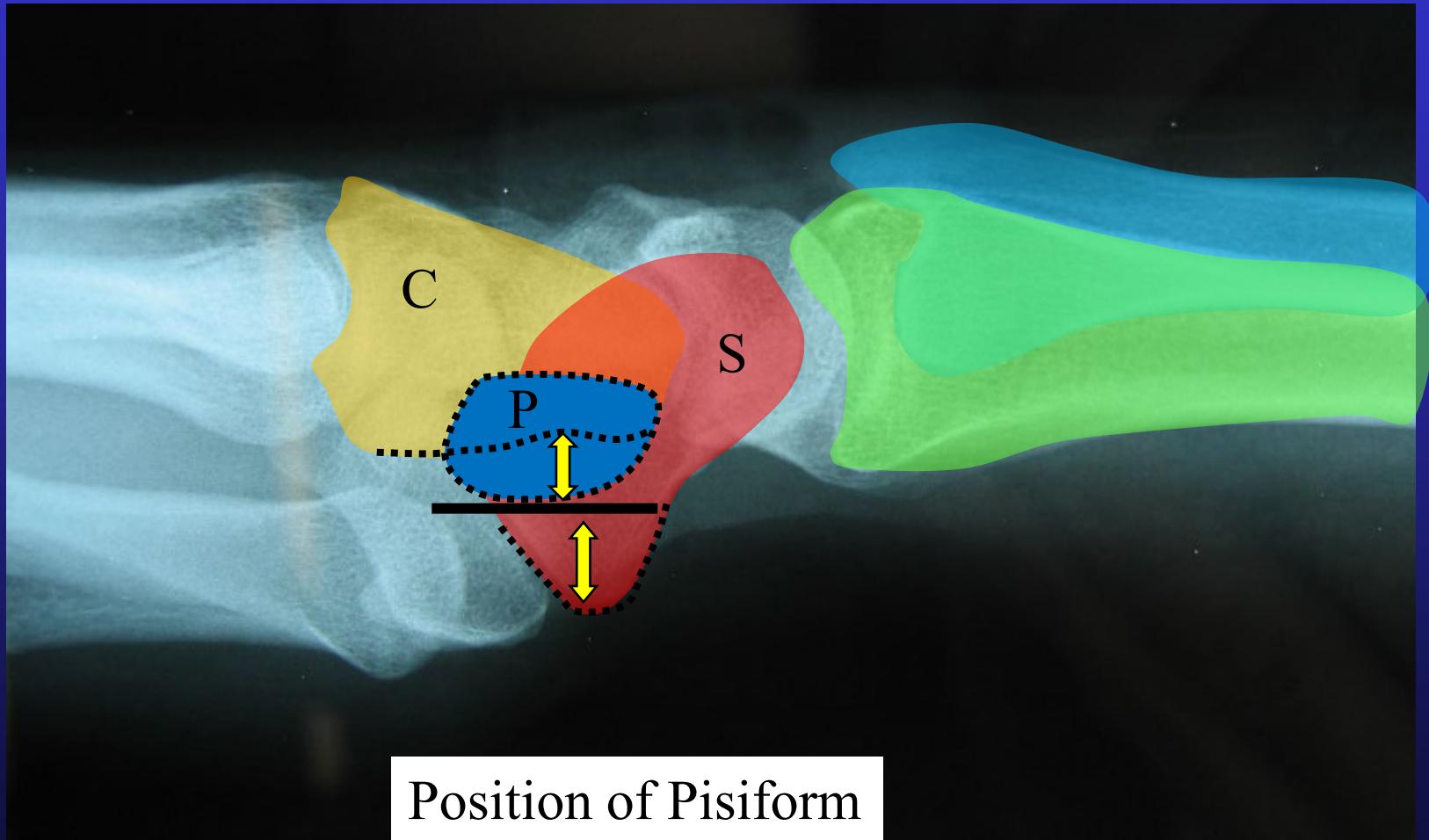
- Non Weight Bearing



# Lateral Views

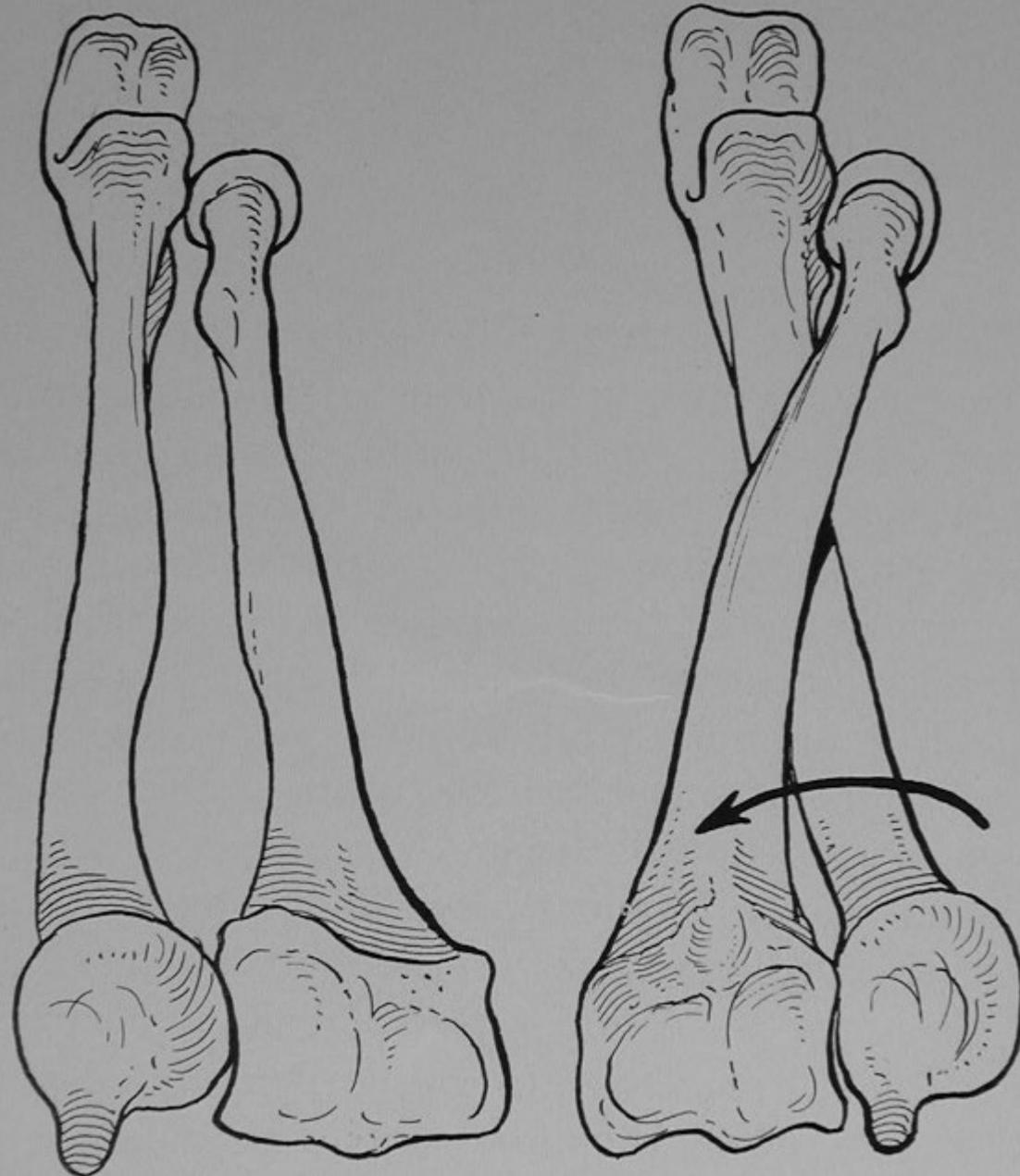


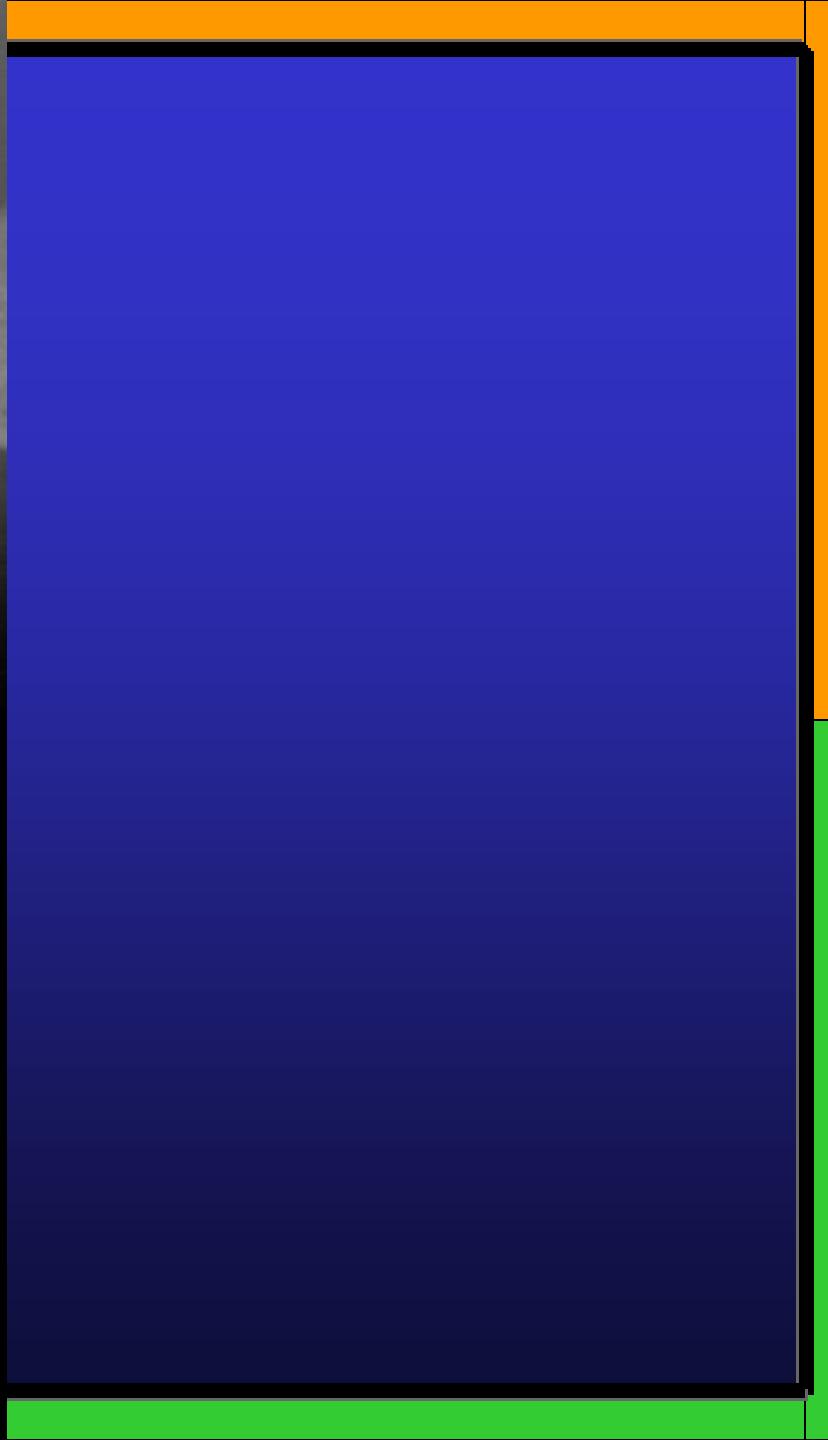
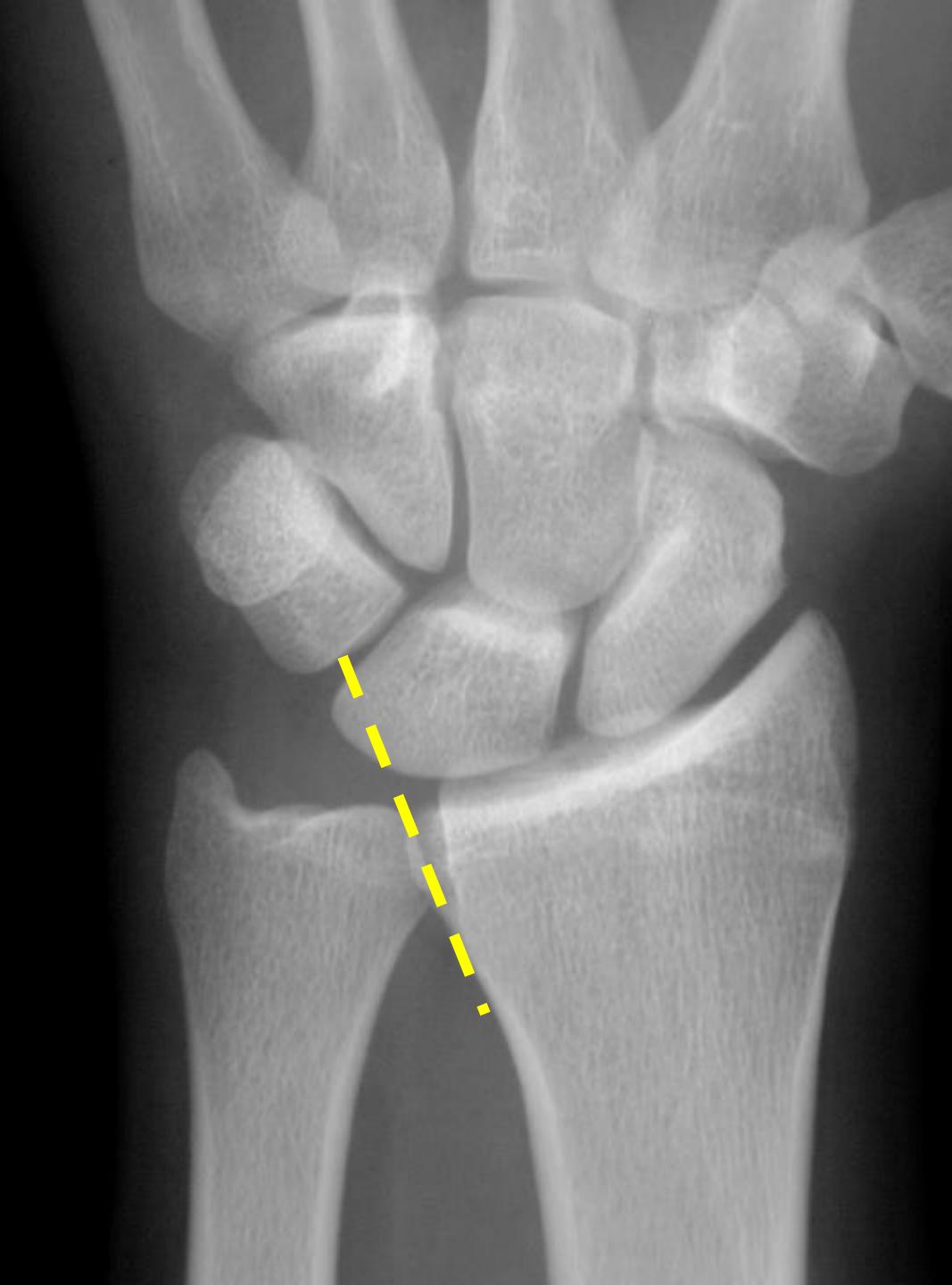
# “True Lateral”



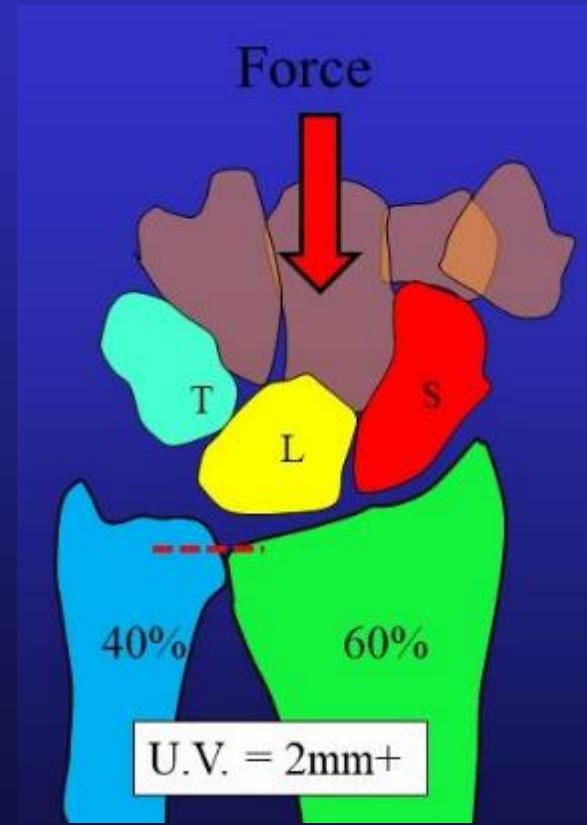
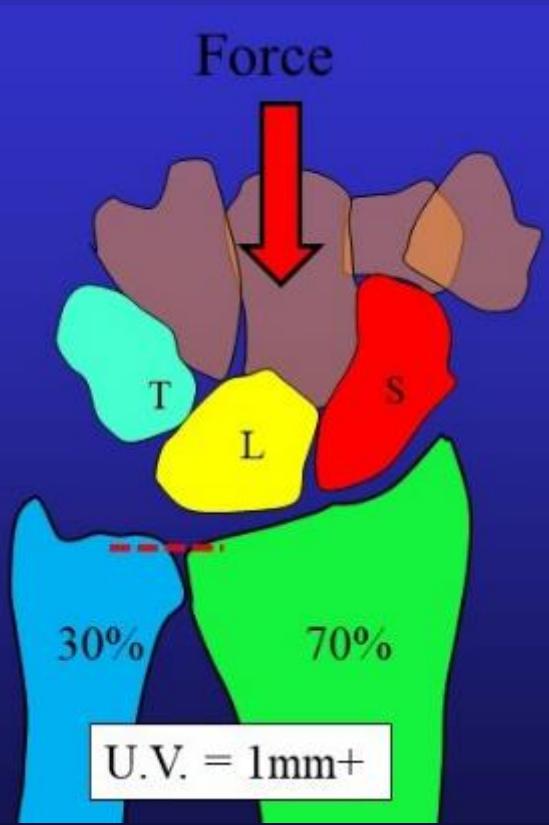
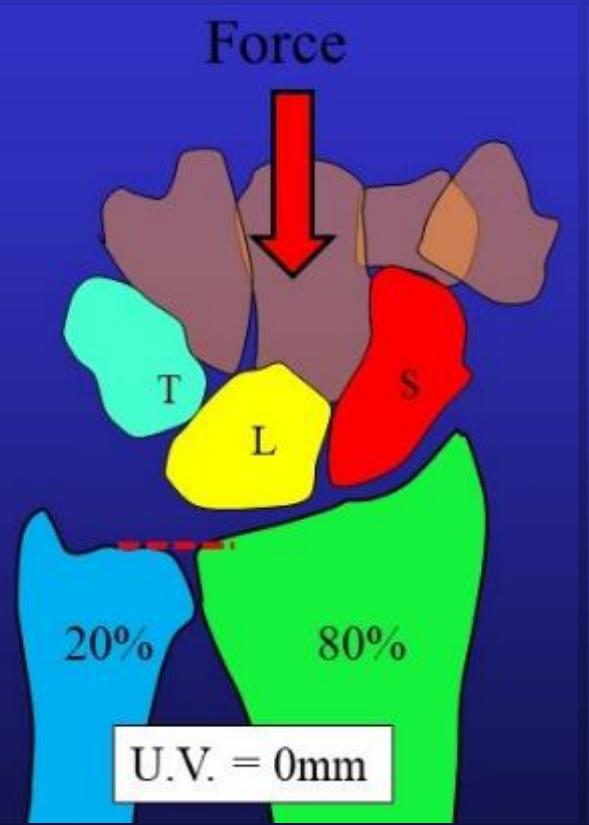
# “True Lateral”

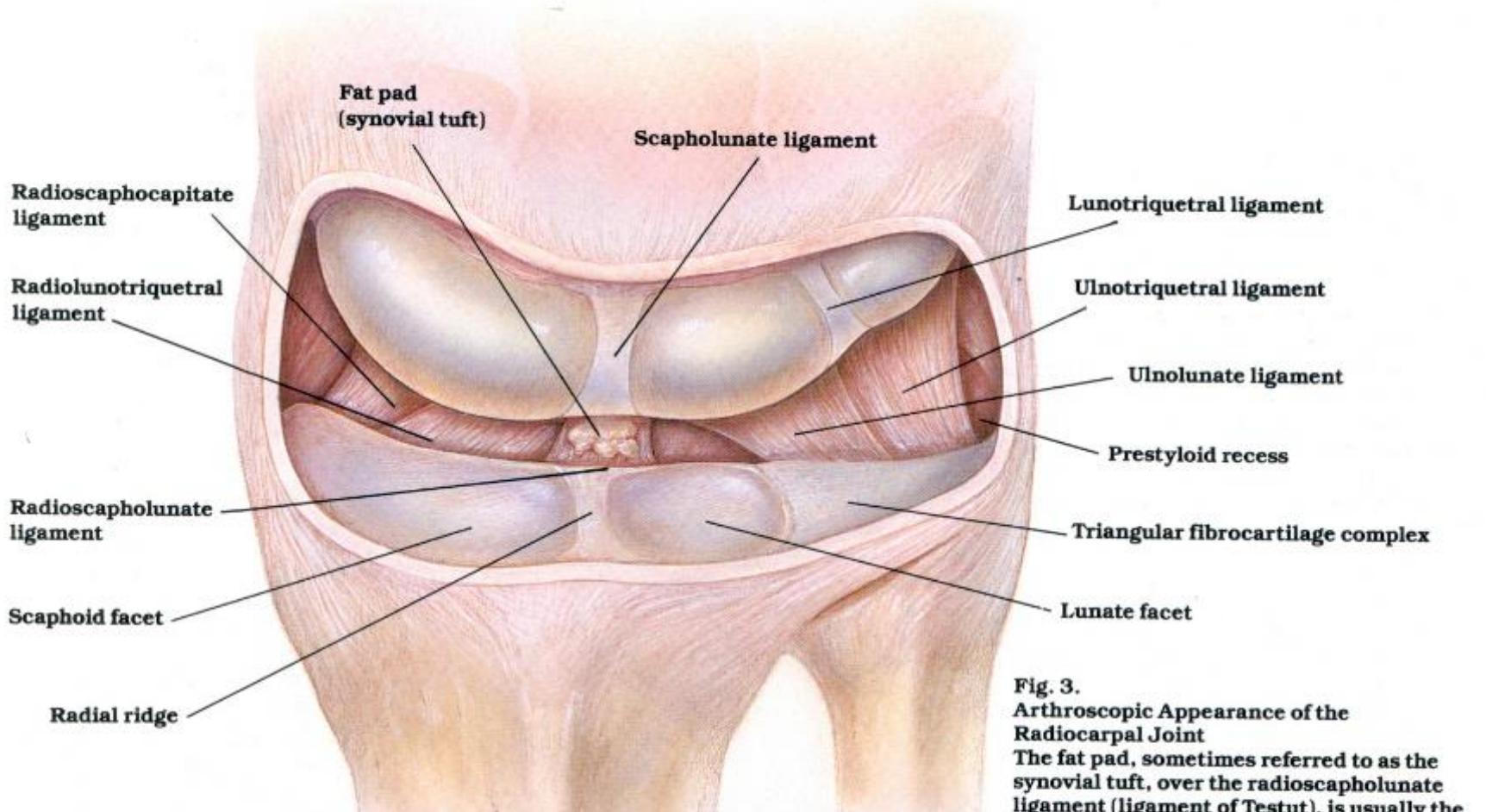






# Force across wrist





**Fig. 3.**  
**Arthroscopic Appearance of the Radiocarpal Joint**

The fat pad, sometimes referred to as the synovial tuft, over the radioscapholunate ligament (ligament of Testut), is usually the first structure seen through the 3-4 portal, and is a convenient landmark for orientation during arthroscopy. The scapholunate ligament is above, and the radial ridge, between the scaphoid and lunate facets of the radius, is below.

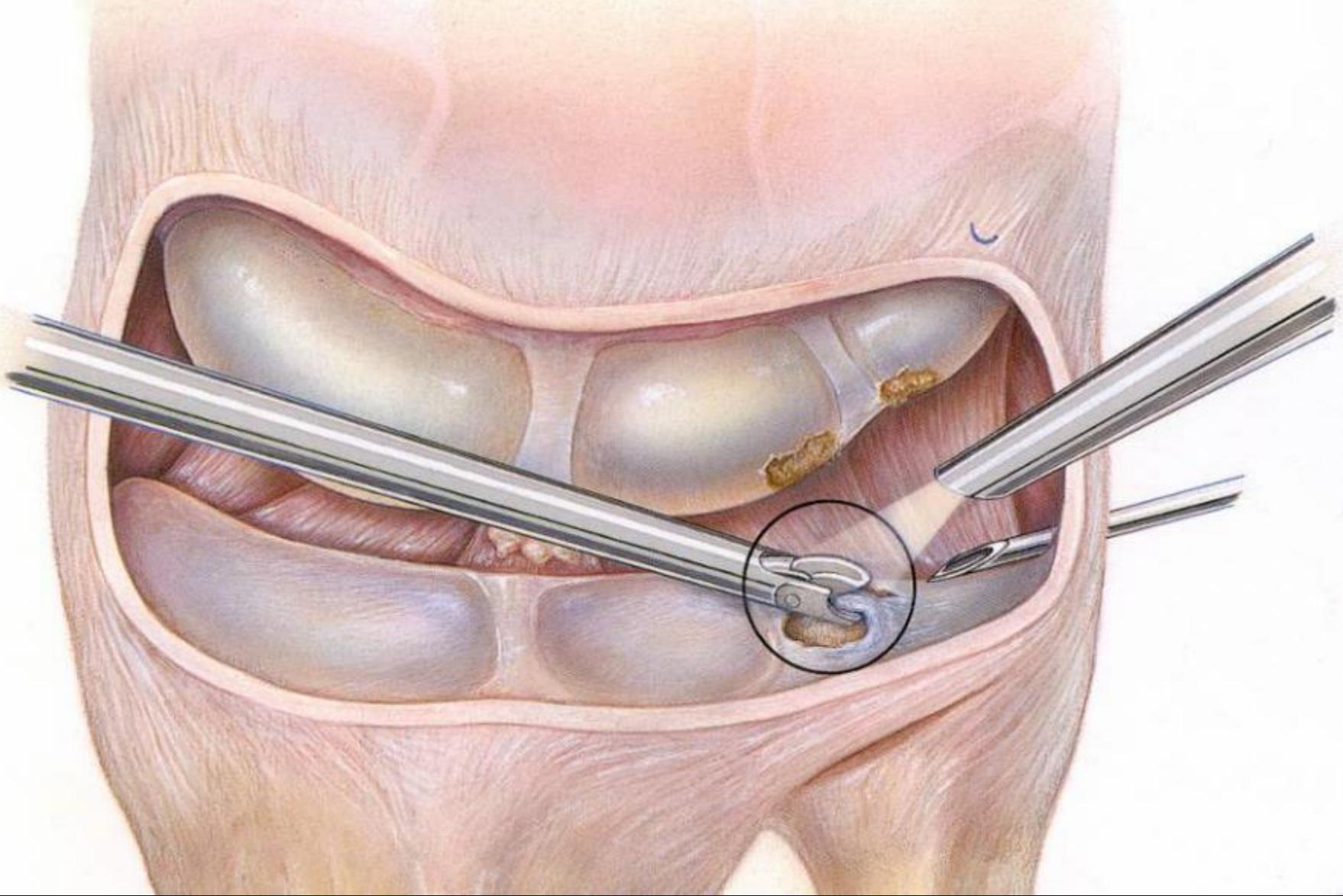
# Wrist Arthroscopy



Normal joint surfaces



Full thickness cartilage defect



# Distal Ulnar Impaction

